



LIFE'S KITCHEN

LUNCH AND DINNER MENUS 2010



LIFE'S KITCHEN LTD

Beautiful food, sensitively sourced, wonderfully presented
Contact us for your bespoke catering solution

T 0800 915 0978
W www.lifeskitchen.com
E info@lifeskitchen.com



LUNCH AND DINNER MENUS

RECEPTION CANAPÉS

Salmon Gravalax with Caviar on Blinis Cake
Thai Asparagus Wrapped in Parma Ham,
Grain Mustard Mayo, Parmesan Crisp
Butternut Squash, Basil and Goats Cheese
Risotto served on China Spoons (v)
Freshly Baked Parmesan Cheese
Straws and Marinated Olives

£7.50 per person plus VAT

BLACKFRIARS BRIDGE MENU

Baked Goat's Cheese and Fig Parcel, with Plum Dressing

~

Breast of Corn Fed Chicken with a Tomato
and Basil Stuffing, Crisp Potato

~

Roast Pear and Ginger Crumble Tian

~

Coffee and Chocolates

£35.00 per person plus VAT

MILLENNIUM BRIDGE MENU

Smoked Ham and Chicken Roulade with Watercress Salad

~

Roasted Fillet of Salmon with a Julienne of
Vegetables, Prawn and Chervil Cream

~

Apple and Sultana Crumble Tart, with Cinnamon Cream

~

Coffee and Chocolates

£36.50 per person plus VAT

SOUTHWARK BRIDGE MENU

Tian of Crab and Avocado, Lemon Dressing

~

Pork Belly with Creamed Savoy Cabbage
and Smoked Bacon, Calvados Jus

~

Iced Lemon Parfait with Glazed Italian Meringue

~

Coffee and Chocolates

£38.00 per person plus VAT

LONDON BRIDGE MENU

Confit Duck and Pear Terrine, Red Onion Compote

~

Saffron Steamed Plaice Fillets with a Seafood Chowder

~

Duo of Chocolate Torte, Mint Syrup

~

Coffee and Chocolates

£39.50 per person plus VAT

TOWER BRIDGE MENU

Seared Tuna Loin with Wasabi and Red Cabbage Coleslaw

~

Roast Rump of Lamb with a White
Onion and Rosemary Sauce

~

Custard Tart with Rhubarb Compote
and Pistachio Ice-cream

~

Coffee and Chocolates

£42.00 per person plus VAT



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THE BEADLES MENU

Sliced Smoked Venison with a Herb
and Cress Salad, Raspberry Oil

~

Pea and Herb Crusted Cod Fillet with
Crisp Potatoes and Chorizo

~

Saffron Crème Brulee with Raspberry Sorbet

~

Coffee and Chocolates

£45.00 per person plus VAT

THE JUNIOR WARDENS MENU

Flaked Hot Smoked Salmon with
Caper and Cucumber Salad

~

Roast Breast of Duck with Beetroot Puree
and Confit Duck Landaise Potatoes

~

Sticky Toffee Pudding with Butter Scotch Sauce

~

Coffee and Chocolates

£47.50 per person plus VAT

THE SENIOR WARDENS MENU

Roast Quail with Pistachio and Pomegranate Salad

~

Lobster and Fennel Salad with a Saffron and Crab Fritter

~

Roasted Rose Veal Loin with Mini

Steak and Kidney Pudding

~

Fruit and Elderflower Jelly with Vanilla
and Clotted Cream Ice Cream

~

Coffee and Chocolates

£57.50 per person plus VAT

THE MASTERS MENU

Pressed Foie Gras and Baby Leek Terrine

~

Roast Tomato and Balsamic Soup

~

Pan-Fried Scallops with Black Pudding
and Fried Quail's Eggs

~

Fillet of Beef with a Fricassee of Peas, Broad Beans
and Courgettes, Confit of Cherry Vine Tomatoes

~

Chocolate Fondant with Strawberry Ice Cream

~

Coffee and Chocolates

£65.00 per person plus VAT



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“CONVERSATION” COURSES

HOT SOUPS SERVED IN DEMI TASSE

Butternut Squash with Goats Cheese Croute

~

Roasted tomato and basil

~

Lobster bisque with rouille

~

Leek and potato with crispy bacon

£3.95 per person plus VAT

CHILLED SOUPS SERVED IN SHOT GLASSES

Gazpacho

~

Vichyssoise

£2.95 per person plus VAT

SAVORIES SERVED AFTER DESSERT

Glazed Welsh Rarebit

~

Glazed Goats Cheese with Onion Marmalade

~

Blue Cheese on Walnut Bread with Grape Chutney

£4.95 per person plus VAT



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