



LIFE'S KITCHEN
CANAPÉ SELECTOR MENU 2010



LIFE'S KITCHEN LTD
Beautiful food, sensitively sourced, wonderfully presented
Contact us for your bespoke catering solution

T 0800 915 0978
W www.lifeskitchen.com
E info@lifeskitchen.com



CANAPÉ SELECTOR MENU

FISH

Smoked Trout Mousse with Horseradish
Bloody Mary Oyster Shots
Steamed prawn nori rolls
Scallops on Potato Crisps with Pea Puree
Smoked Salmon bread baskets
Basil Crusted Mussels
Sesame and wasabi crusted tuna cubes
Fish cake with Herb mayonnaise
Chorizo pea and cod spoons
Salmon Gravalax with Caviar on blinis cake
Mini Crab, Ginger and Spring Onion Choux Buns

MEAT

Mini open beef burger with tomato relish
Stuffed Baby Peppers with Spicy Lamb
Thai asparagus wrapped in Parma Ham,
grain mustard mayo, parmesan crisp
Smoked Chicken, Basil and Goats Cheese Fritters
Grilled Figs in prosciutto
Cucumber Cups with Thai beef salad
Pate Foie gras on toasted brioche with red onion compote
Mini Rosti topped with Fillet of beef
and red Onion Compote
Mini Chicken Satay Skewers, Peanut Dipping sauce

VEGETARIAN

Zucchini and Haloumi Fritters (v)
Herbed Pikelets with pear and blue cheese topping (v)
Butternut Squash, Basil and Goats Cheese
Risotto served on China Spoons (v)
Spiced carrot soup sip (v)
Polenta with bocconcini and tomato (v)
Red onion and feta tartlets (v)
Parmesan Shortbread, Avocado Mousse
and Crispy Red Onion (v)
Mini Quails Egg Tarts, Mustard Cress Aioli (v)
Ratatouille and Mascarpone Parcels (v)

DESSERT

Mini cherry galettes
Lemon Curd and Blueberry tartlets
Mini tarts with berry compote and toasted meringue
Watermelon and Vodka Shot
Chocolate Dipped Strawberries

Please choose 8 items for £21.95 per person plus VAT
Please choose 10 items for £25.95 per person plus VAT
Please choose 12 items for £29.95 per person plus VAT



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CHEF'S RECOMMENDED PACKAGES

CANAPE PACKAGE A

FISH

Smoked Trout Mousse with Horseradish
Salmon Gravalax with Caviar on blinis cake
Mini Crab, Ginger and Spring Onion Choux Buns

MEAT

Mini Rosti topped with Fillet of beef
and red Onion Compote
Mini Chicken Satay Skewers, Peanut Dipping sauce

VEGETARIAN

Mini Quails Egg Tarts, Mustard Cress Aioli (v)
Ratatouille and Mascarpone Parcels (v)

DESSERT

Chocolate Dipped Strawberries
£21.95 per person plus VAT

CANAPE PACKAGE B

FISH

Smoked Trout Mousse with Horseradish
Salmon Gravalax with Caviar on blinis cake
Mini Crab, Ginger and Spring Onion Choux Buns

MEAT

Mini Rosti topped with Fillet of beef
and red Onion Compote
Mini Chicken Satay Skewers, Peanut Dipping sauce
Thai asparagus wrapped in Parma Ham,
grain mustard mayo, parmesan crisp

VEGETARIAN

Mini Quails Egg Tarts, Mustard Cress Aioli (v)
Ratatouille and Mascarpone Parcels (v)
Herbed Pikelets with pear and blue cheese topping (v)

DESSERT

Chocolate Dipped Strawberries
£25.95 per person plus VAT



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