



LIFE'S KITCHEN
BUFFET MENU 2010



LIFE'S KITCHEN LTD

Beautiful food, sensitively sourced, wonderfully presented
Contact us for your bespoke catering solution

T 0800 915 0978
W www.lifeskitchen.com
E info@lifeskitchen.com



BUFFET MENU

EXAMPLE FINGER BUFFET

Selection of Fresh Cut Sandwiches

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Vegetable Kebabs, Pesto Dip

Sesame Chicken Goujons Soy and Garlic Dip

Marinated Chilled King Prawns

Tomato, Basil and Goats Cheese Tarts

Vegetable Money Bags, Sweet Chilli Dip

DESSERT

Fresh Cut Fruit Platter

£24.50 per person plus VAT

EXAMPLE FORK BUFFET

Chicken Coconut Curry, Rice and Naan Bread

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Baked Lemon Scented Salmon with Stir Fry Vegetables

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Roasted Vegetable Cous Cous (v)

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Tomato and Red Onion Salad

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Dressed Mixed Leaves

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Carrot and Sultana Salad, Sweet Mustard Dressing

DESSERT

Fresh Fruit Salad and Cream

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Chocolate Mousse with Mixed Berry Compote

£29.50 per person plus VAT



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