



LIFE'S KITCHEN

BOWL FOOD FORK BUFFET MENU 2010



LIFE'S KITCHEN LTD

Beautiful food, sensitively sourced, wonderfully presented
Contact us for your bespoke catering solution

T 0800 915 0978
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E info@lifeskitchen.com



BOWL FOOD FORK BUFFET MENU

Please choose 4 Savoury and 1 Sweet from the following dishes:

HOT

Sauté Tiger Shrimp Stir Fry with Sweet Chilli Sauce and Egg Fried Rice

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Mini Pork and Leek Sausages, Grain Mustard Mash, Rich Onion Jus, Pea Shoots

~

Slow Braised Beef with Herb Dumplings and Creamy Mashed Potato

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Fruity Indian Chicken Curry with Basmati Rice and Mini Popadoms

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Roasted Mediterranean Vegetable Pasta, Pesto Dressing, Toasted Pine Nuts

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Pan Fried Chicken and Shitake Mushrooms in Oyster Sauce with Egg Noodles

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Seared Yellow Fin Tuna, Baby New Potatoes, Fine Beans, Sun blush Tomatoes

~

Creamy Wild Mushroom, Chive and Pea Risotto with Parmesan Crisp

~

Roasted Loin of Pork, Cider and Mustard Sauce, Sage New Potatoes and Pork Crackling

COLD

Saladette of Stilton, Poached Pear, Walnuts and Wild Roquette, Sweet Mustard Dressing

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Prawn Salad with Crisp Baby Gem, Mini Plum Tomatoes, Cocktail Dressing

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Chicken and Avocado Salad with Red Chard, Toasted Croutons, Parmesan Shavings

DESSERT

Fresh Fruit Bowls with Passion Fruit Cream

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Mini Chocolate Tarts, Strawberry Compote

~

Raspberry Crème Brulee

£29.50 per person plus VAT



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